

Mushrooms burger

for 2 people

■ 0,66lb of minced beef, 2 shallots, 4 mushrooms of your choice, 2 desertspoons of chopped chive, 1 tablespoon of oil, salt and black pepper.

■ Peel and cut finely shallots, rub and cut mushrooms in small cubes.

■ Mix all the ingredients in a salad bowl. Form 2 balls with the preparation, flat them.

■ Cook them in a frying pan with the oil, or on your barbecue.

■ Let rest 5 minutes the burger under an aluminum foil.

